

INCOMING HURRICANE SHOPPING LIST

This list includes suggestions of items to buy as well as oft-forgotten necessities you will want during and after a storm.

Remember: After stores sell out, they will not be re-stocked until after the storm. Buy for One Full Week.

- Refill Prescriptions First (if needed)
- Bottled Water
- Bread
- Milk
- Butter
- Eggs
- Peanut Butter / Sandwich Spread
- Jelly / Jam
- Chips
- Snacks (Here Are Some Ideas)
 - Granola Bars
 - PopTarts
 - Breakfast Bars
 - Crackers
 - Cookies
 - Beef Jerky
 - Popcorn
 - Nuts
 - Dried Fruit
 - Candy
 - Chocolate
- Easy to Prepare/Grill Canned, Frozen or Boxed Meals
(Only buy what you like to eat. Plan on no refrigeration, oven or microwave)
- Cereal
- Drinks / Drink Mixes / Coffee / Tea / Cocoa
- Fresh Produce
- Pet Food
- Pet Treats/Chews
- Pet Litter/Bedding
- Plastic Gas Storage Can (if needed)
- Camp Stove Small Propane Canister (if needed)
- Paper Bowls
- Paper Plates
- Plastic Cutlery
- Plastic Cups
- Foil (to use on the grill)
- Toilet Paper
- Paper Towels
- Facial Tissue
- Dish Soap
- Kitchen Surface Cleaner
- Black Trash Bags
- Laundry Detergent
- Hand Soap
- Hand Sanitizer (if desired)
- Shampoo/Conditioner
- Body Soap/Wash
- Deodorant
- Toothpaste / Oral Care
- Beauty or Grooming Products
- Basic First Aid Items/Ointment/BandAids
- Feminine Products / Tampons
- Family Planning Items
- Children's Medications (if needed)
- Batteries
- Grill Lighter
- Propane Tank Refill
- Sturdy Work Gloves
- Cash Back in Small Bills